ANNUAL REPORT 2020



HEALING TOUCH WORLDWIDE FOUNDATION

PRESIDENT'S LETTER

Two thousand and twenty was a year of challenges. Most activities planned for 2020 had to be cancelled, deferred or moved to virtual platforms. With the tremendous effort of our volunteers, the understanding of the Healing Touch community, and outstanding support from our contributors those changes were implemented smoothly. In general, our activities were kept at a minimum until late in the year to allow our volunteers and donors to focus on their own situations.

The new scholarship program was the highlight of the year even in the face of limited and delayed classes. Approximately \$8700 was committed for 22 scholarship awards in 2020. Learning from the initial experience, our scholarship application and review and follow-up procedures were streamlined and fine-tuned. We look forward to awarding many more scholarships in 2021 and to funding all those awarded in 2020 as class opportunities multiply.

Beyond the scholarship effort, only a few grants were made, since most potential grant activities were delayed or impossible in the face of the COVID-19 impact. We did, however, raise and disperse \$1470 for COVID relief and that was donated to the CDC Foundation. Additionally, our Joining Hearts #Giving Tuesday and Hearts Worldwide efforts resulted in many remote healing sessions being provided for those in need.

While our fundraising activities were significantly reduced in 2020, so were our expenses and we therefore ended the year with a net increase in our assets of about \$11,000. Thus, we are still in excellent shape to fund the ongoing scholarship program and future grants. We thank all those that contributed to the Foundation in 2020.

We look forward to resuming our normal activities in 2021, as prudence allows, and we intend to focus on encouraging new grant applications as normalcy returns. We wish everyone a normal and reinvigorated 2021.



Norman Morrow President Healing Touch Worldwide Foundation, Inc.

2021 Zoom Annual Planning meeting.



HTWF BOARD OF TRUSTEES

2020 BOARD MEMBERS

Norman Morrow, BS, PhD, President Guy Lavergne BSc, Treasurer Nancy Lavergne, HTCP, Past President Yolanda Alvarez, BS, MEd, HTP-A, Secretary Melinda Chichester, HTCI Lisa Mentgen-Gordon, CEO Healing Touch Program

2020 ADVISORY BOARD MEMBERS

Carol Komitor, CMT, HTCP/I, HTACP, ESMT, Healing Touch for Animals Founder Conception Silva, RN, PhD, AHNA-BC, HTCP/I Dawn Warnaca, HTCP/I Amelia Vogler, MS, HTCP/I, HT Mentor



OUR VISION Advance Healing Touch Worldwide

OUR MISSION

Support Healing Touch research, service & education through grant opportunity

A Tribute to Bonnie Morrow

In January 2020, our Healing Touch community and our foundation lost a great member, Bonnie Morrow.





Bonnie was involved with HTWF for over 20 years. Janet Mentgen reached out directly to Bonnie in 2001 asking her to lead the foundation as she knew that Bonnie was the right person to do this. The foundation grew immensely over the years under Bonnie's influential leadership and involvement progressing with its mission of Advancing Healing Touch Worldwide.



2000 - Bonnie being pinned by Sharon Scandrett.



2005 - Teaching a Level I class in Romania.



2010- Teaching a Level I class in Nepal.

Bonnie's Work with HTWF

Just one of many HTWF Annual planning meetings. As President Emerita Bonnie watched over the board and developed many friendships.



(Left to right) Norman Morrow, Nancy Lavergne, Nancy Stephens, Bonnie Morrow, Karen Chin and Beverly Dixon.



Past HTWF Presidents

 Past presidents Bonnie Morrow 2001-2011, Nancy Lavergne (center) 2016-2019, Karen Chin (right) 2012-2016

Bonnie with her beloved husband, Norman Morrow at the 2019 HTP Worldwide Conference. Norman supported Bonnie's love for HT and has volunteered since 2001 and became a Board member in 2010.



Bonnie and Norm



Bonnie with Leslie Bugio, friend and HTWF's office administrator since 2010.

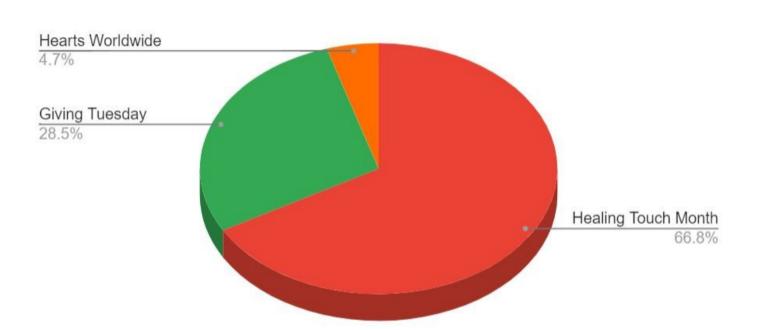
Bonnie's last annual planning meeting in 2019 with Board members. (top left to right) Norm Morrow, Yolanda Alvarez, Guy Lavergne, Bottom left to right) Nancy Lavergne, Bonnie Morrow, Lisa Mentgen-Gordon.



2019 HTWF Annual Meeting

GROWING AWARENESS OF HEALING TOUCH THROUGH OUTREACH

Almost 1900 people were touched by volunteers gifting or sharing about Healing Touch through HTWF Events



GROWING AWARENESS OF HEALING TOUCH THROUGH GRANTS

2020 was the Inaugural Year of our Scholarship Program

HTWF implemented a scholarship program to promote Healing Touch education, offering partial scholarships for Level 1 through 6 classes for the Healing Touch Program and Healing Touch for Animals.

Scholarships are intended to support those who are interested in advancing their Healing Touch education, but may not have the financial means to do so.

We were extremely happy with the response and awards for the 9 months of scholarship activity.





GRANTS

This year we experienced a significant decrease in our ability to fund grants due to the Covid-19 crisis restrictions on people gathering for exhibitions and outreach. Below we discuss two 2020 grants awarded, totaling \$2,610. The Foundation also incurred \$500 for a Reach Out Initiative HT Level 1 class and \$145 for a Military Stand Down, in expenses from 2019 grants.

It is our hope that grant activity will significantly ramp up as normal times return in 2021 and we are developing a plan to reach out to potential grant applicants.

Research Grant Awarded

A research pilot study of "The effects of Healing Touch on adult surgical patients" at Fairview Ridges Hospital, Burnsville, MN. The goal of this pilot study is to identify the positive or negative effects of Healing Touch on adult post-surgical patients with regards to pain, anxiety and/or difficulty sleeping in a community hospital setting.

This study was put on hold April 2020 until such time that COVID restrictions are lifted.

Research Grant Awarded

The Society of Healing Touch Program Alberta received an award for **"Three Mini Canadian Healing Touch Program Conferences."** These Mini conferences are intended to build community with practitioners and students of Healing Touch Program and other healing modalities, and to showcase Healing Touch Program with its extensive and diverse potential for use in healing.

It is hoped that the conferences will occur in 2021.

FUNDRAISING

2020 was a challenging year for fundraising as many in the world suffered financial struggles. In response to COVID we cancelled half of our planned events, thus decreasing the Foundations overall income potential. We were able to hold virtual events such as an Online raffle, a Virtual race and a Giving Tuesday campaign. We had received registrations for a 2020 Cincinnati Regional in-person event that was rescheduled for 2021, but since has been changed to a Live Virtual Class format. Our plan for 2021 is to have all events online. Our team is very excited to be developing new virtual campaigns.

SUPPORT FOR THE CDC FOUNDATION EMERGENCY RESPONSE FUND



Registrants walked, ran, meditated, danced, did yoga, cycled, house cleaned, gardened, any activity counted!

Coming together Virtually to combat Coronavirus.

This virtual pilgrimage started on the coastal city of Vigo Portugal trekking through the amazing terrains into Spain, seeing the countryside and small towns along the way to Santiago de Compostela!

Together we raised \$1,500!



HTWF donated 100% of the ENTRY FEE & DONATIONS to the CDC Foundation Emergency Response Fund!

FUNDRAISING



Joining Hearts ~ #GivingTuesday 2020

#GivingTuesday is a global generosity movement that's unleashing the power of people and organizations to transform their communities and the world.

The Healing Touch Worldwide Foundation recognizes the diverse challenges we, as a planet, are facing at this time. Through Joining Hearts ~ GivingTuesday we continue our mission to broaden awareness of Healing Touch and have added an opportunity to Sponsor a Frontline or Essential worker to receive a distance Healing Touch treatment.

With 3 ways people participated





25 Frontline Workers were sponsored

GIVE A SESSION



73 Practitioners volunteered





43 People donated for 98 sessions!

TOGETHER WE RAISED \$4,260

FINANCIAL OVERVIEW

2020 was an unusual year as we all know. Regular activities such as conferences were not held in light of the COVID pandemic which reduced our revenue stream as well as our expenditures. We did collect registration fees (reflected in the table to the right) for the planned OKI event to be held in Cincinnati. Due to the pandemic this conference was postponed until 2021, however the revenue is reflected in the table.

The foundation board chose to do all of their meetings for 2020 remotely including our annual meeting. This resulted in lower costs in 2020. Grant expenditures were \$6000. These funds were used towards our new scholarship program, grants to HTPA and a contribution to the CDC. A number of scholarships were awarded in 2020 where classes have not yet been taken and these will be expended in 2021 when the classes take place. A special virtual walk/run was held in Spring 2020 with the proceeds of the walk/run plus additional donations provided for this specific event going to the CDC. This event raised \$1470. We also received some generous monetary donations in 2020

HTWF Financial Summary - Past Three Years

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	<u>2020</u>	<u>2019</u>	<u>2018</u>
INCOME			
Auction Income	N/A	\$9984	\$1,870
Monetary Donations Received	\$21253	\$8917	\$6,542
Raffle Income	\$5920	\$12666	\$10,495
Conference Registrations	\$4260	\$9480	\$8,515
Run/Walk Income	\$390	\$2134	\$9,652
Value of Items Donated for Auctions and Raffles	\$2875	\$24455	\$6,114
Other Income/Adjustments	\$1085	\$2730	\$ 109
TOTAL INCOME	\$35,783	\$70,366	\$43,297
GRANTS	\$5,995	\$3,145	\$9,050
			\$9,050
EXPENSES		.,	\$9,030
EXPENSES Foundation Board	\$173	\$5095	\$2,804
	\$173 \$5596	\$5095	\$2,804
Foundation Board		\$5095	\$2,804
Foundation Board Fundraising and Advertising	\$5596	\$5095 \$14221	\$2,804 \$20,447
Foundation Board Fundraising and Advertising Office Expenses Value of Auctioned and Raffles	\$5596 \$8527	\$5095 \$14221 \$7898	\$2,804 \$20,447 \$6,721
Foundation Board Fundraising and Advertising Office Expenses Value of Auctioned and Raffles Items	\$5596 \$8527 \$1449	\$5095 \$14221 \$7898 \$26164 \$652	\$2,804 \$20,447 \$6,721 \$7,278 \$1,521

THANK YOU

To all these generous Donors for supporting HTWF and helping to Advance Healing Touch Worldwide in 2020.

Greater than or equal to \$500

Healing Touch Program Lavergne, Nancy Morrow, Bonnie & Norm Springer, Patricia Wong, Teresa

Donations <\$500

Abshire. Debbie Adams-Gerdts, Walle Amos. Lundee Arrendo, Christine Ashworth, Anne Ballard, Jeat Barbre, Bruce & Vicki Barrott, Jim Becker, Jerry Beckman, Catherine Beyer, Anne Bitterly, Dotie Borden Beck, Stephanie Breese, Kimberly Brown, Brenda Lynn Bugio, Leslie Burdick, Penny Cameron, Lee Chandler, Mary Waggoner Chapin, Diane Cheaney, Mary Chichester, Melinda Chin. Karen Cimino, Gail Cooper, Tammy Currey, Jamie Curry, Ed DeLuis, Theresa

Donations <\$500 Cont'd

Devoe, Tina Felts, Jill Ferrel, Jennifer Fetter, Janet Finch, Ellen Fink, Donna Fischer, Eva-Maria FitzGibbons, Mary Pat Fletcher, Renee Fowles, Margaret G. Frey, Glenn Garcia, Minnie Gates, James Gerken, Dee Goldfarb. Leslie Gordon, Lisa Gorski, Donna & Robert Green, Mindy Hackett, Diane Harper, Edward Haskell, Charlene Hav House Hepburn, Valerie Hergenrather, Penny Holistic Connections Hooper, Winnifred Gail Hoster, Ines Hutchison, Cynthia Jameson, Liz Kaplan,Sherry Kelly, Annie Kelly, Carole Kenner, Ashlee Kimble, Judy Klueter, Debra

Donations <\$500 Cont'd

Kofford, Renae Komitor, Carol Kopycinski, Anita Krischer, Margaret Lewin, Elizabeth Magill, Eugenia McConville, Tim McDermith, Barkha Melnick, Patricia Mever. Kim Mirman, Sharon Misiaszek, Nadine Moran, Eileen Mort. Chris Mueller, Thomas Nannicola, Lynn Nebauer, Monica Nevo, Valerie Novoa, Danay Nowicki, Elke O'Sullivan, Ro Oberline. Katie Oakes, Marianne Pacca, Barbara Passmore, Megan Patti, Cornelia Peterson, Cornelia Pickett-Bernard, Denise Podmeyer, Daisy Rasmussen, Tracy Ray, Ronyah Rieman, Joan Ritter, Karin Robbins, Sally Rodriguez, Nancy

Donations <\$500 Cont'd

Rosenberg, Heidi Rosengrant, Suzanne Ruthhardt, Nadia Ryan, Kay Sagastume, Nanette Salas, Cindy Salcedo, Clarisse Sands, Kris Schulze, Dawn Scillingo, Rachelle Seager, Linda Silva, Connie Spicer, Shelly Stahlhut, Derek Stephens, Nancy Strick, Nancy Taranto, Judy or Brian Taylor, Alexandra Taylor, Sandy Tebockhorst, Claire Thomas, Linnie Val Marshall Veith, Joanne Vogler, Mike Wagner, John Walls, Mike Washburn, Roberta Wavmire, Donna Wendt, Michelle Wenzinger, Susan Wertepny, Steve & Patricia Woods, Linda Wooter, Deborah Wunsch. Theresa Yetman, Patricia

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